Holocene Environmental and Climate History of Trettetjørn, a Low-alpine Lake in Western Norway, Based on Subfossil Pollen, Diatoms, Oribatid Mites, and Plant Macrofossils

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Abstract

Holocene lake and catchment environmental history and regional climate are reconstructed from lake sediments at Trettetjørn, a small lake situated close to the present-day treeline in western Norway. Sediments began to accumulate in the lake ca. 8575 (± 115) cal yr BP. Pollen-inferred mean July temperatures (T\text{\textsubscript{Jul}}) fluctuated below 12°C with two cooler phases ca. 8400 and 8200 cal yr BP. The pollen-inferred annual precipitation (P\text{\textsubscript{ann}}) was lowest during the early Holocene and varied around 1600 mm yr\textsuperscript{-1}. At the same time the highest diatom-inferred pH values (6.8) were reconstructed, probably due to input of base cations from the immature catchment soils. Betula pubescens became established around the lake ca. 8270 cal BP, soon followed by Pinus sylvestris. Maximum T\text{\textsubscript{Jul}} of ca. 12.5°C occurred from 7760 to 5200 cal yr BP. The oribatid mite assemblages confirm the vegetation development from semiopen grassland to forest. Inferred T\text{\textsubscript{Jul}} was variable after 5200 cal yr BP and declined markedly around 4175 cal yr BP. At the same time more oceanic conditions are inferred with changes in the vegetation and mite assemblages suggesting the expansion of mires. After ca. 5000 cal yr BP and towards the present, the diatom concentration in the core becomes low and variable, thickness of the valves within the same taxon varies, and sometimes diatom frustules are completely absent from the sediment column. The diatom valve dissolution has affected both the diatom assemblages and the diatom-inferred pH up to the present-day. All proxies suggest that human impact affected the catchment after ca. 2000 cal yr BP followed by more intensive impact after ca. 1555 cal yr BP. The enlargement of the settlement at Upsete during the construction of the Bergen–Oslo railway (1894–1909 AD) is reflected by a charcoal peak and the presence of spheroidal carbonaceous particles coincides with a change in the diatom assemblages.

Introduction

The forest-alpine transition is a striking vegetation boundary that shows considerable sensitivity to climate change (Körner, 1998). Chemical weathering can dominate during phases of dense forest in the catchment whereas physical erosion may prevail during phases with an open catchment (Kauppila and Salonen, 1997). Treeline fluctuations also have important impacts on the lake environment. A temporary increase in lake-water productivity and lake-water pH could occur when the leaching of base cations from the catchment is accelerated by the development of organic soils when forest becomes established. On the other hand, if the soils in the catchment undergo a steady depletion of available bases, forest establishment can accelerate natural lake-water acidification through the release of weak organic acids and the storage of cations in the accumulating soils and vegetation (H. H. Birks et al., 2000). As forest soils build up, more decomposed dissolved organic components enter the lake and reduce the light availability for aquatic plants. An increase in organic accumulation into the lake can also occur as tree birch declines in the catchment due to climate change (Velle et al., 2005). A significant change in the degree of wind exposure can occur depending on whether trees are present or absent from the catchment, influencing the timing and extent of lake stratification, circulation patterns, and ice formation.

The potential sensitivity of the treeline to climate change (Körner, 1998) is the reason for this paleoecological study that explores the timing and effects of terrestrial vegetational change and accompanying changes in the aquatic ecosystem at a site situated just above the present-day treeline. An important source of information about the climate during the Holocene is from reconstructions of mean July temperatures (T\text{\textsubscript{Jul}}) based on pollen preserved in lake sediments situated in the treeline area (e.g., Seppä and H. J. B. Birks, 2001; Bjune et al., 2004). For reconstruction of local vegetational changes in the lake catchment, plant macrofossil analysis is a valuable tool. Plant macrofossils tend to reflect the past local vegetation whereas pollen analyses give a more regional pattern, especially during treeless conditions (H. H. Birks, 1993; H. H. Birks and H. J. B. Birks, 2000, 2003). Oribatid mites from lake sediments have been used to infer climate changes related to terrestrial and aquatic habitat development during deglaciation and the early Holocene (I. W. Solhøy and T. Solhøy, 2000; T. Solhøy 2001). Diatoms are sensitive ecological indicators of lake-water quality change. They have been used in the reconstruction of several variables accompanying catchment vegetational change such as changes in organic matter or lake-
water pH following tree establishment or decline (e.g., Ford, 1990; Pienitz et al., 1999). Each proxy has its individual strengths and weaknesses but by combining information from several proxies we hope to achieve a more detailed picture of past environmental and climatic change.

As the North Atlantic strongly affects the climate in northwest Europe, paleoclimate reconstructions from western Norway thus can be a key in documenting natural climate variability in the past. Paleoclimatic reconstructions from this region can also give insights into possible atmospheric and oceanic circulation changes that are potentially important in relation to recent global warming (e.g., Nesje et al., 2000; Bjune et al., 2005). Inferred summer temperature reconstructions and terrestrial environmental reconstructions from terrestrial paleoecological records in this region are therefore needed (Jansen et al., 2005).

STUDY AREA

Trettetjørn (7°00′ E, 60°43′ N) is located in the western part of Norway (Fig. 1), 810 m above sea level on the border between the subalpine forest formed by Betula pubescens and the low-alpine zone (Moen, 1998). No trees are present in the catchment, but scattered birch trees are present in the hillsides surrounding the lake. Estimated present-day mean July and January temperatures are 10.7°C and −5.5°C, respectively, and estimated annual precipitation is 1800 mm yr⁻¹ (Arvid Odland, unpublished). The lake is circular with a diameter of about 100 m and a maximum water depth of 7.8 m. The catchment consists of bare bedrock or is covered by thin till where Empetrum nigrum and Vaccinium vitis-idaea dominate on shallow dry ground, while V. myrtillus and V. uliginosum are abundant on deeper and wetter soils. Towards the south, a bog has formed under the steep valley slope. A stream enters the lake in the eastern part of the lake, and a stream may form during snowmelt, draining over the bog surface. There is an outlet over a bedrock threshold draining towards the west. Gabbro dominates the catchment bedrock with the presence of sandstone and phyllite in some areas (Bjune et al., 2005). The lake-water pH has an average value of 6.3 during the growing season (\(n = 11\), range: 5.8–6.4). Lowest pH (5.8) is observed during spring snow melt. Conductivity and alkalinity are low (\(n = 11\), range: 8–12 µS cm⁻¹ and 16–66 µeq, respectively). The total carbon content (TOC) is also low (1.7 mg L⁻¹, \(n = 1\)) and SiO₂ has a relatively wide range during the growing season (\(n = 11\), range: 0.48–61.60 mg L⁻¹). The lake was ice covered from early November 2001 to the middle of May 2002. The following autumn the lake froze in early October and still had 1 m of ice in early May 2003. The lake therefore melted out late (early June) compared to the year before. This was probably due to the dry winter of 2002–2003 when the thin snow cover had little insulating effect on the lake. The prevailing wind direction is from east to west, down the valley, probably suppressing the treeline locally.

Methods

SEDIMENT SAMPLING AND ANALYSES

One sediment core (the main core) (350 cm) was retrieved from a water depth of 6.8 m in January 2001 using a 110-mm modified piston corer (Nesje, 1992) that sampled the entire accumulation of Holocene sediment (272 cm) at the site. Below 272 cm, the core contained minerogenic material of variable size interpreted as a till. One short core covering the upper 30 cm of sediment was retrieved using a HON corer (Renberg, 1991) as the upper part of the Nesje (1992) core becomes disturbed during sampling and transport. The short core was sliced in the field into 0.25 cm intervals and stored in plastic bags.

Sediment description follows Troels-Smith (1955). Sediment samples of 0.5 cm² were taken continuously from the short core or at 1- to 2-cm intervals from the main core using a brass sampler (H. J. B. Birks, 1976) for the percentage loss-on-ignition (LOI) analyses at 550°C (LOI 550) and 950°C (LOI 950). The short core
and the main core were correlated by visual inspection of the LOI 550 profiles. For LOI dry weight was determined after drying overnight at 105°C. The samples were then ignited at 550°C for 6 h and then put in a desiccator for cooling to room temperature and weighed (Enell and Larsson, 1986). LOI is calculated as a percentage of dry weight. Bulk density is defined as the weight of a known volume compared with water and was calculated as fresh weight divided by volume.

AMS-Dating and Chronology

Samples were sent for a radiocarbon dating by accelerator mass spectrometry (AMS) to the following laboratories: Beta Analytic Inc., Miami; Radiological Dating Laboratory, Trondheim; and Poznań Radiocarbon Laboratory, Poznań. All dates are from bulk sediments as the sediment sequence did not contain enough terrestrial plant macrofossils for dating except at sediment level 195.5 cm that is dated using terrestrial plant macrofossils. The dating at 269.5 cm is excluded from the age-depth model and disregarded as it probably has a hard-water “reservoir” effect leading to a too old age (11,680 ± 614 yr BP). The dating is far too old compared to the deglaciation history in the region (see discussion below). There is a possibility that also younger dates suffer a hard water effect though to a lesser or very low extent as indicated by the relatively low diatom-inferred pH during the whole sediment sequence (see the result and discussion below). (The diatom-inferred pH was not reconstructed at level 269.5 cm due to the absence of diatoms.)

The dates were calibrated using CALIB 4.3, method A, and the bidecadal data-set (Stuiver and Reimer, 1993) (Table 1). Age-depth modeling was then performed using a weighted regression procedure in the framework of generalized additive models (Heegaard, 2003; Heegaard et al., 2005). Chronology is presented as calibrated years before present (cal yr BP), where BP is AD 1950. Ages below the lowest radiocarbon dates were estimated by extrapolation of the fitted model. The age-depth model is presented in Figure 2.

Pollen Analysis

Subsamples for pollen analysis of 0.5 cm³ were taken in the laboratory at 2- to 4-cm intervals from 53 levels, prepared using standard methods (Fægri and Iversen, 1989), and mounted in glycerine. At least 500 terrestrial pollen grains and spores were identified to the lowest possible taxonomic level using keys (Fægri and Iversen, 2000). As the sediment core was taken in the center of the lake, more aquatic taxa are expected than terrestrial taxa. The number of macrofossils was normalized for 25 cm³ of sediment before presentation (H. H. Birks, 2001).

Plant macrofossil analysis

Samples of a known volume of sediment, varying from 8 to 28 cm³, from 26 levels were washed through a sieve of mesh diameter 125 µm, soaked in water and 10% KOH for a few minutes to dissolve humics, and sieved again (H. H. Birks, 2001). Macrofossils were picked out from the residue, identified and counted at 12× or 40× magnification under a stereomicroscope. The number of macrofossils was normalized for 25 cm³ of sediment before presentation (H. H. Birks, 2001).

Mite analysis

The residues sieved for macrofossils were also used for mite analysis. Nineteen levels were analyzed. Mites were sorted, identified, and counted at 16× magnification under a stereomicroscope. Only oribatid mites, both adults and juvenile stages, were considered. The number of mites was normalized for 100 cm² of sediment comparable to the study by I. W. Solhøy and T. Solhøy (2000). As the sediment core was taken in the center of the lake, more aquatic taxa are expected than terrestrial taxa. The mites found are classified in several broad ecological groups following those established by I. W. Solhøy and T. Solhøy (2000).

Diatom analysis

Samples of 1 to 0.5 g wet sediment were taken at 2- to 8-cm intervals from 68 levels of the 0.25 cm sliced Renberg core and the Nesje core. In 11 samples the concentrations of diatoms were too low for counting. In several parts of the core, the aim of counting 500 valves was difficult to achieve. In ten of the samples, the number of counted valves therefore varied from ca. 300 to 400. Diatom preparation and concentration estimation followed the method of Battarbee (1986) and Battarbee and Kneen (1982). Floras for identification included Krammer and Lange-Bertalot (1986–91) and Camburn and Charles (2000). As the AL:PE training set (Cameron et al., 1999) used for pH reconstruction follows the nomenclatural conventions in the Surface Water
Acidification Programme (SWAP) pH-diatom data set (Stevenson et al., 1991), the taxonomy and nomenclature of the Trettetjørn diatom stratigraphy were harmonized to the SWAP data set.

**NUMERICAL ANALYSES**

Detrended correspondence analysis (DCA) was used (detrending by segments, nonlinear rescaling, no downweighting of rare taxa) to summarize the main trends in the diatom and mite assemblages through the core. Principal components analysis (PCA) was used (intersample distances, centering by species) for the pollen assemblages as the data-set had a shorter gradient (Jongman et al., 1987). The ordinations were performed using the program CANOCO 4.5 (ter Braak and Smilauer, 1998). Pollen and diatom percentages were square root transformed while mite concentrations were log transformed to stabilize their variances prior to ordination.

For reconstruction of mean July temperature ($T_{jul}$) and annual precipitation ($P_{ann}$) a modern pollen-climate training set was used. This includes surface sediments from 191 lakes distributed throughout Norway and northern Sweden (H. J. B. Birks, S. M. Peglar, and A. Odland, unpublished data). The data-set crosses large gradients in both temperature and precipitation. Modern $T_{jul}$ and $P_{ann}$ values were estimated for each of the 191 lakes using climate data from the 1961–1990 Climate Normals data from nearby meteorological stations by interpolation and adjustments for altitude using a standard lapse rate of −0.57°C per 100 m altitude (Seppä and H. J. B. Birks, 2001). Pollen-climate transfer functions based on the training set were developed using weighted-averaging partial least squares (WA-PLS) regression and the climate reconstructions were made by WA-PLS calibration (ter Braak and Juggins, 1993). The resulting two-component models have a good predictive ability as estimated by leave-one-out cross-validation (ter Braak and Juggins, 1993). The root-mean-square error of prediction (RMSEP) is 1.03°C (based on leave-one-out cross-validation) for $T_{jul}$ and 417 mm for $P_{ann}$.

The Pteridophytes are included when reconstructing past climate. Inferred pH values reconstructed from the subfossil diatom assemblages were made by WA-PLS, applying the AL-PE training set (Cameron et al., 1999) in a three-component WA-PLS model. The diatom percentage data were transformed to square roots. Sample-specific root mean squared errors of prediction were estimated by cross-validation (H. J. B. Birks, 1995). The diatom diversity was estimated as the effective number of taxa (Hill’s N²) and concentration for diatoms, DCA sample scores on axis 1 for diatoms and mites, PCA sample scores on axis 1 for pollen, and pollen-inferred $T_{jul}$ and $P_{ann}$ are shown in Figure 6.

**TIMING OF COMPOSITIONAL CHANGE**

The different proxies will have different sensitivities and thresholds to the environmental changes influencing the lake and catchment system. This causes compositional shifts that can occur independently between proxies. In Trettetjørn, there are similarities in the timing of compositional shifts between proxies but also differences in response time occur. This is shown and commented below. The environmental outline is divided into phases 1 to 6 on the bases of the pollen zones and the change in reconstructed July temperatures. These phases are discussed in the text and shown on Figure 4 and 6.

**ENVIRONMENTAL HISTORY**

**Phase 1: Deglaciation and Pioneer Phase 8575–8270 cal yr BP (270–260.5 cm)**

According to the extrapolation of the age-depth model the basal sediments accumulated in the lake from ca. 8575 (±115) cal yr BP. If this date represents deglaciation of the area it is late compared to dated sediments from sites nearby. The Finse area lying ca. 1200 m a.s.l. at a distance of 30 km from Trettetjørn, was deglaciated ca. 10,270–9990 cal yr BP (Dahl and Nesje, 1994). On the other hand, an age of 11,680 ± 60 14°C yr BP of the basal sediment is far too old and by comparison with other pollen diagrams in the area the estimated age for the basal sediments using extrapolation appears to be correct (Bjune, 2005). According to Alle Nesje (pers. comm.), the Upset area was probably deglaciated ca. 9000 cal BP whereas areas at higher altitudes may have melted out earlier.

During the first 300 yr of sediment deposition, the catchment and lake vegetation were sparse as judged from the macrofossil evidence. The earliest pioneers found in Trettetjørn were the submerged aquatic algae *Nitella* and the moss *Drepanocladius*. In addition *Pediastrum* and *Botryococcus* had their maximum abundance in the pioneer phase. *Nitella* is characterized by its rapid colonizing ability into lakes in newly deglaciated or disturbed areas (e.g., H. H. Birks, 2000) while the genus *Drepanocladius* can grow in a range of different terrestrial and aquatic habitats (Jonsgard and H. H. Birks, 1995). The existence of mosses in the earliest sediments suggests that they colonized newly available habitats, also aquatic, as rapidly as the vascular plants.

The mite analysis does not cover all of this phase. However, the development of the pioneer lake flora may explain the existence of aquatic oribatid taxa such as *Hydrozetes* and *Limnozetes* even if they are not considered to be pioneer species.

The pollen diagram is dominated by pioneer taxa such as *Salix herbacea*, Ericaceae-type, and *Juniperus communis*. The highest pollen percentages are of *Betula* and *Pinus sylvestris* most of it probably being a result of long-distance transport (Bjune, 2005). Only one *Betula pubescens* budscale was found in the first part of this phase representing the immigration of birch trees. Inferred $T_{jul}$ are low and fluctuate below 12°C. Two $T_{jul}$ minima
occur at ca. 8400 and 8200 cal yr BP (Bjune et al., 2005) that could be related to the “Finse event” described by Dahl and Nesje (1996). The Pann values are the lowest reconstructed during the Holocene and vary around 1600 mm yr $^{-1}$. During the “Finse event” winter precipitation was inferred by Dahl and Nesje (1996) to be 175% of the AD 1961–1990 normal with a mean summer temperature of ca. 1.35°C warmer than at present at Finse. According to the $T_{jul}$ inferred from Trettetjørn the summers were slightly cooler during the Finse event, and a new reconstruction of winter precipitation based on the $T_{jul}$ suggests that winter precipitation at Hardangerjøkulen increased to ca. 160% of present-day values (Bjune et al., 2005).

A large part of the sediment is of inorganic origin, as judged by the loss-on-ignition analyses. The diatom record consists of typical pioneer types such as *Fragilaria* taxa, characteristic of the deglaciation phase and often related to relatively high pH and turbid conditions. Only *F. brevistriata* and *F. construens var. venter* have a high relative abundance. Most of the taxa such as *Aulacoseira alpigena, A. distans var. humilis, Navicula minima, N. pseudoscutiformis, N. pupula, N. seminuloides, N. seminulum, N. vitiosa,* and *Pinnularia biceps* were already present in the pioneer phase and their occurrences suggest that the lake and the catchment stabilized very quickly, possibly due to the low amount of glacial deposits in the catchment and/or a rapid colonization by terrestrial plants. The inferred pH is the highest reconstructed in the lake’s history, with a maximum above 6.8, probably reflecting the leaching of base cations from the immature catchment soils (Bjune et al., 2005).

A short period of high abundance of *Aulacoseira distans var humilis* characterizes phase 2 following the dominance of

Phase 2: Birch Establishment 8270–7760 cal yr BP (260.5–244.5 cm)

Production in the catchment increased and stabilized (as judged by the LOI 550) related to the succession of the terrestrial vegetation from an open dwarf-shrub and shrub vegetation into a semiopen vegetation with scattered trees of birch and pine. During this phase the oribatid species *Dometorina plantivaga* inhabitant of lichens on trees (Grandjean, 1950; Travé, 1963) and the species *Liebstadia similis* and the genus *Chamobates* considered inhabitants of more open areas (T. Solhøy, 1976, 1979; Maraun and Scheu, 2000) support the change of the former vegetation into semiopen vegetation around Trettetjørn.

On southwest Hardangervidda the oldest birch megafossils are dated to 7900 cal yr BP at 1122 m a.s.l. by Moe (1979). No megafossils are reported from the western side of Hardangervidda. According to Simonsen (1980) birch reached as high as 800 m a.s.l. in Ulvik in Hardanger between 10,900–9000 cal yr BP. At Vestre Øykjamyrtjørn, a low-alpine maritime site, dwarf and tree birch had been present since the late glacial (J. Bakke and A. E. Bjune, unpublished).

The $T_{jul}$ rises quickly in this period, suggesting favorable conditions for the establishment of the local flora. The reconstructed July temperature is validated by the presence of birch macrofossils in the sediments. According to Odland (1996) birch needs at least a July temperature of 10°C in western Norway. $P_{ann}$ is still low as in the previous phase, with values fluctuating around 1500 mm yr $^{-1}$. *Hydrozetes* and *Limnozetes ciliatus* and *L. rugosus*, which are oribatids spending most of their lives submerged in water or floating within aquatic vegetation (Bjune-Pelletier, 1989; Behan-Pelletier and Bisset, 1994), indicate the presence of aquatic and shore vegetation. They also may indicate a wetter climate.

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FIGURE 4. Selected mite concentrations from Trettetjønn. The data are presented on a depth basis with a calibrated age scale. The phases shown in the right-hand column refer to the phases in the text.
Fragilaria taxa in the pioneer development of the lake flora and can be interpreted as an increase in water transparency following catchment soil stabilization (Jones et al., 1989). Aulacoseira distans var. humilis has been found abundantly in sediments from a lake in south Sweden in the late-Pre-Boreal to the early Boreal zone (Florin, 1977). In addition the taxon occurs rather commonly in lakes from central and northern Sweden and Finland (Florin, 1980). Isoetes lacustris (microspores) increase during this phase. In general, isoetids favor shallow stony and silty shores or deeper water in clear-water lakes on a silty and stony bottom (H. H. Birks, 2000).

**Phase 3: Stable Vegetation and Summer Temperature Maximum 7760–5200 cal yr BP (244.5–164.5 cm)**

Macrofossils indicate the local presence of pine at Trettetjørn from ca. 7700 cal yr BP. The more continental (drier, warmer) climate in the mid-Holocene may have favored pine (Kullman, 1992). On the eastern part of Hardangervidda, in more continental areas, pine establishment is dated to 9300 cal yr BP at 1180 m a.s.l. (Moe, 1979) and to 9650 cal yr BP (Aas and Faarlund, 1988) by finds of pine megafossils, suggesting an early establishment of pine in this area. In the western, more maritime climate pine establishment is believed to be earlier than in the inland areas (Aas and Faarlund, 1988). At Vestre Øykjamyrtjørn pine is present from ca. 9500 cal yr BP, and dominant from ca. 8000 cal yr BP (Bjune, 2005) during the same time period as pine became established in the more continental areas. A combination of harsh climate, large amounts of snow, and poorly developed soils may have prevented the establishment of pine at Trettetjørn before ca. 7700 cal yr BP. In Ulvik pine was present from ca. 8900–7800 cal yr BP (Simonsen, 1980). The fact that pine arrived late at Trettetjørn, which is situated on the boundary between an oceanic and a continental climate, is supported by Aas and Faarlund (1988) who found an earlier establishment of pine at coastal sites than at inland sites.

The presence of woodland in the catchment may be reflected by the mite fauna associated with lichens living on trees such as the family Achipteriidae and the species *Ophidiotrichus borussicus* and *Dometorina plantivaga* indicating woodland (Torstein Solhøy, pers. comm.). The opiliones *Medioppia subpectinata* appears for the first and only time during this phase. This oribatid mite also indicates wooded and moist environments (Subías and Arillo, 2001).

This phase had the warmest summers of the Holocene. The inferred temperatures indicate stable July temperatures varying between 12 and 13°C. Maximum *T* jul are found ca. 7500–7000 cal. BP. After the “Finse event” at ca. 8200 cal yr BP the glaciers on the Hardangerjøkulen plateau melted away, and in the Finse area only small local glaciers persisted during the summer temperature maximum (Dahl and Nesje, 1994). Dahl and Nesje (1996) suggest that winter precipitation between ca. 7400–6200 cal. BP was 145 to 150% higher compared to present values, followed by drier conditions until ca. 5700 cal yr BP with winter precipitation of 65% compared to present values. This precipitation pattern is also partly reflected in our study where *P* ann increases steadily during this period until 6800 cal yr BP reaching above 2000 mm yr⁻¹ probably mostly as an increase in winter precipitation as found in Bjune et al. (2005). The *P* ann then remains at the same level but becomes more variable during the rest of the phase.

The diatom flora continued to change as summarized by the change in the DCA axis one sample scores, mainly due to the decrease in the abundance of *Aulacoseira distans var. humilis* and Fragilaria taxa. The diversity index *N*² reached its highest values...
FIGURE 6. % LOI 550, sediment bulk density, diatom-inferred pH, Hill's N2 for diatoms and diatom concentrations (values per cm$^3 \times 10^8$), DCA sample scores (axis 1) for diatoms, PCA sample scores (axis 1) for pollen, and DCA sample scores (axis 1) for mite assemblages, inferred mean July temperature ($T_{jul}$), and annual precipitation ($P_{ann}$) from Trettetjørn plotted against calibrated age. Diatom inferred-pH is based on a 3-component WA-PLS model, and $T_{jul}$ and $P_{ann}$ values are based on a 2-component WA-PLS model. For inferred pH, Hill's N2, DCA, PCA, $T_{jul}$, and $P_{ann}$ the individual points are joined and a LOESS smoother (span = 0.2) is fitted to highlight the major trends. The phases mentioned in the text are indicated in the right-hand column.
for the whole of Holocene reflecting the first appearance of taxa such as *Cymbella amphicephala*, *Diatoma mesodon*, and *Fragilaria capucina* agg. A modern diatom diversity study by Weckström and Korhola (2001) across the boreal coniferous forest to treeless tundra transition in arctic Lapland found taxa diversity to be highest in the mountain birch woodland. In general, a longer growing season allows the development of more complex diatom communities with higher diversity (Douglas and Smol, 1999), as shown also by the diatom flora of Trettetjørn. The planktonic species *Fragilaria nanana* appeared for the first time in the lake during this phase and disappeared at the end of it. The species has been found to be more abundant in forested lakes and may partly reflect a longer ice-free period compared to alpine lakes and an earlier onset of thermal stratification (Laing et al., 1999). At the start of this phase the inferred pH values decrease, reflecting the local forest development which results in the retention of the base cations in the catchment vegetation and soil and increased input of organic acids to the lake. The concentration of diatom valves is highly fluctuating through the core but there is an overall decrease in concentration during this phase. This could reflect the decrease in pH providing less optimal conditions for the *Fragilaria* taxa to develop. The presence and increase in *Isoëtes lacustris* microspores indicate clear, oligotrophic lake-water. This increase in *Isoëtes lacustris* probably provides habitats for mites, and it is also reflected in the oribatid mite fauna where *Hydrozetes, Limnozetes ciliatus*, and *L. rugosus* continue to be frequent in the sediments.

Phase 4: Summer Temperature Variability 5200–4175 cal yr BP (164.5–132.5 cm)

The inferred T\textsubscript{jul} during this period suggests that the summer temperatures became more variable. At the start of the phase *Cryptogramma crispa* spores occur. This fern needs an insulating snow cover during winter (Jonsell, 2000) and the presence of *C. crispa* spores suggests that winter precipitation and snow cover increased. An increase is also seen in *Dryopteris*-type and *Sphagnum* spores (however there is no increase in *Sphagnum* leaves). LOI 550 also decreases and fluctuates around 30%. A slight increase is seen in P\textsubscript{ann} during this phase, and T\textsubscript{jul} fluctuates. The lack of pine macrofossils on Hardangervidda after ca. 5300 cal yr BP suggests a lowering of the pine limit and treeline (Moe, 1979). At Trettetjørn pine macrofossils are almost absent after 5200 cal yr BP, suggesting a retreat in the pine treeline in the area. A climate with both lower temperatures and increased snow cover in winter is one explanation for this retreat of pine. During this period glacier expansions are seen across large areas in southern Norway supporting the hypothesis of increased humidity, especially winter precipitation (e.g., Dahle and Nesje, 1996; Nesje et al., 2001; Lie et al., 2004). When pine disappeared birch was the only tree growing in the catchment around Trettetjørn. A few birch fructs and leaf fragments are present in the sediments, but in general the landscape became more open as seen by the increase of pollen of grasses, sedges, and herbs. These features suggest that the climate had changed to more oceanic conditions during this phase, leading to the development and expansion of mires.

During this phase there are no remains of the oribatid mite fauna indicating woodland, which matches with the proposed retreat of the treeline. For the first time, oribatid mites indicative of wetland appear. *Hypochthonius rufipes* and *nanhemmannia coronata* are considered to be associated with rather wet habitats (T. Solhøy, 1979). The latter are found in the lowlands up to the pre- and subalpine regions (Dalenius, 1962; T. Solhøy, 1979). The pollen analyses suggest the development of mires during this phase, but judging from the oribatid records most probable peat formation had already started during the previous phase. At Trettetjørn today the predominant species from the wettest areas and from the bog around the lake is *Trimalaconothrus maior*, which is considered an oribatid usually found in association with *Sphagnum* moss species, a genus typical of oligotrophic bogs. It is, therefore, possible that the fossil *Trimalaconothrus* belongs to the species *Trimalaconothrus maior*. After ca. 5000 cal yr BP and towards the present, the diatom concentration in the core becomes low and variable, thickness of the valves within the same taxon varies, and sometimes diatom frustules are completely absent from the sediment column. As the start of the dissolution coincides with the change to cooler, more oceanic conditions we propose that the climate change altered the lake environment in such a way as to cause diatom dissolution. Possible causes of dissolution are further discussed in Larsen et al. (2006).

The diatom assemblages found in Trettetjørn from this phase until the present-day may therefore be biased towards large and more silicified valves and thus would have an important effect on the interpretation of the lake environment in an unpredictable way. The DCA sample scores fluctuate through the phase and into the next, suggesting that the dissolution effect was significant during this time period. A severe effect is especially observed at 150 cm (4735 cal yr BP) where N2 and the diatom concentration are very low, and the inferred pH value is especially high.

Phase 5: Main Summer Temperature Decrease 4175–1555 cal yr BP (132.5–50.5 cm)

The inferred mean July temperatures during this period suggest that the summer temperatures decreased from the start of this phase. The T\textsubscript{jul} are lower than at present varying around 10°C. Macrofossils of birch are essentially absent from this time period through the rest of the core, possibly due to a temperature too low for birch to thrive (Odland, 1996) in combination with human impact. The vegetation developed into an open dwarf-shrub and grassland vegetation and the pollen diagram is dominated by taxa such as Ericaceae-type, *Calluna vulgaris*, Poaceae, Cyperaceae, *Ranunculus arctio-type*, *Ranunculus acris*-type, and *Dryopteris*-type.

The PCA scores of the pollen assemblages along axis one follow mainly the same trend as the pollen-inferred mean July temperature through the core. This indicates that the most important floristic change in the pollen data is due to temperature changes. A major temperature shift at 4200 cal yr BP is seen in the pollen diagram as an increase in the *Dryopteris*-type but not recorded in the PCA axis sample scores. This floristic change is possibly influenced by a second important environmental gradient, uncorrelated with the environmental variable expressed along PCA axis one.

Annual precipitation increases to values above 2000 mm yr\textsuperscript{-1} which agrees with Dahl and Nesje (1996) who show that the glaciers on the Hardangerjøkulen plateau have existed continuously since ca. 4200 cal yr BP, probably in response to an increase in winter precipitation and a decrease in summer temperature. The increase in precipitation is also indicated by the increase of fern spores in the sediments from Trettetjørn.

During this phase of higher precipitation the oribatid record has a higher representation of terrestrial mites than earlier. The oribatid mites found are considered to be indicative of wetlands, such as *nanhemmannia coronata* and *Nothus* (Karppinen, 1955; Tarras-Wahlberg, 1961; T. Solhøy 1976, 1979). However, there are also oribatid mites indicative of grassland, such as *Baksiminoa lanceolata* (T. Solhøy, 1979) and heathland, such as the family Camisiidae. Thus the vegetation must have included both wetland and heathland during this phase. Due to the few number of
oribatid mites recorded, the DCA analysis is highly variable. The disappearance or appearance of a few individuals in the core will have a relatively high influence on the DCA results. However, the DCA analysis do reflects a trend in the change of taxa along the sequence of the core. At the bottom of the core the oribatid fauna is mainly composed of aquatic, woodland dweller and generalist taxa. This fauna changes into a fauna more characteristic of wetland and grassland habitats at the top of the sequence.

Isoëtes lacustris spores are not recorded from the sediments after ca. 2000 cal yr BP. This species is not found in lakes where the water is turbid and brown colored, or where the organic content in the water is high (Seppä and Weckström, 1999). Its decline could be a result of increased humus input into the lake as peat developed around the lake. There are also indications of grazing starting ca. 1700–1600 cal yr BP in the area, as suggested by the increase in Poaceae, Carex-type, Cyperaceae, Ranunculus acris-type, and Rumex acetosa-type pollen (Hjelle, 1999). Grazing could cause more turbid conditions in the lake by disturbing soil and increasing inwash and thereby preventing the growth of Isoëtes lacustris. The sediment bulk density becomes highly variable after ca. 2100 cal yr BP. At the same time there is an increase in the abundance of the diatom taxon Fragilaria brevistriata that can tolerate more turbid conditions in the lake-water (Jones et al., 1989). In addition, after 2000 cal yr BP there is a significant shift in the diatom zonation. This change starts before the vegetation change induced by human impact. This can suggest a nonsynchronous change of pollen and diatoms to human impact, where the diatoms responded to an early local influence of grazing in the catchment, while the pollen change was caused by a more regional human influence. The other possibility is that the change in the diatom flora was due to other factors than human disturbance such as climate change. The diatom flora had been relatively stable since ca. 7000 cal yr BP but at ca. 2000 cal yr BP it could have reached an environmental threshold in connection with the climate change.

The disappearance of the aquatic plant Isoëtes lacustris most probably resulted in the disappearance of true aquatic oribatid mite taxa after 1700 cal yr BP. Oribatid mites such as Limnozetes ciliatus, Limnozetes rugosus, and Hydrozetes do not appear again. While the absence of Hydrozetes could be due entirely to the lack of aquatic and shore vegetation, the absence of Limnozetes ciliatus and L. rugosus could also be the result of a decrease in the pH of the lake. However, both L. ciliatus and L. rugosus are usually found in rather acid lakes (Behan-Pelletier, 1989; Behan-Pelletier and Bisset, 1994). Although there is a decrease in the diatom-inferred pH at the time these mite taxa disappear from the sediment, given their affinity to acid lakes, pH changes cannot be the sole reason why they disappeared. On the other hand, we should bear in mind that the pH reconstructions may be uncertain because of the effects of dissolution.

Phase 6: Human Impact 1555 cal yr BP–AD 2000 (50.5–0 cm)

After 1550 cal yr BP a further decrease is seen in the tree and shrub pollen, while an increase occurs in Juniperus communis and herbs such as Rumex acetosa-type, Urtica dioica, Poaceae, Compositae (Cichorioideae), Epilobium, and Geranium sylvaticum-type. This suggests a more intensive use of the landscape through grazing, probably by sheep and cattle, and summer farming in the area. This activity would also result in a further lowering of the local treeline. Through trampling and use of the landscape more erosion occurred leading to increases in the input of material into the lake, as shown by the change in bulk density and the water content of the sediment. Human impact is also evident from the increase in microscopic charcoal. The large peak at 4 cm probably represents the increased settlement at Upsete during the construction of the Bergen–Oslo railway during AD 1894–1909. The reconstructed annual precipitation is about 500 mm off the present values known from meteorological observations. This is due to problems in the reconstructions due to poor coverage and good data of present day precipitation in Norway as a basis for the pollen-climate calibration data set. During this last phase there are no true aquatic oribatid mites, except for Malaconothrus, which is considered to be eurytopic and is therefore able to live in a wide range of environmental conditions (Popp, 1962). Only a few taxa are found and they indicate both dry grassland and wetland, namely Trichoribates and Oppia translamellata, respectively (I. W. Solhøy and T. Solhøy, 2000).

Characteristic diatom taxa in this phase are Diatoma mesodon, Fragilaria capucina agg., Navicula laevissima, and Pinnularia biceps. Fragilaria capucina varieties have been found by Gregory-Eaves et al. (1999) to increase in lakes with higher nutrient levels and can in Trettetjørn reflect the human settlement, such as nutrification through animal deposits in the lake catchment. Between the two sampled levels at 11 cm and 16 cm there is a significant shift in the diatom assemblages where Anamorph libycca, Eunotia cf. sudetica, and Navicula laevissima increase both seen in the zonation and the DCA scores along axis one. Spheroidal carbonaceous particles produced from the burning of fossil fuels are present in the diatom slides from ca. 8 cm upwards. The change in the diatom flora reflects an altering of the lake environment that could have been caused by the increased settlement at Upsete. Interestingly, F. nanana reappears in the sediments, possibly reflecting a change in the lake’s summer stratification.

IMPACTS OF FUTURE CLIMATE CHANGE

Our study demonstrates the sensitivity of lake and terrestrial biota to climatic shifts during the Holocene. The flora and fauna have both responded to changes in precipitation and summer temperature but have also changed due to human impact. Future climate scenarios for Norway indicate that the annual temperature will increase by 0.2 to 0.5 °C per decade with the largest increase in the interior part of Norway especially during winter, and annual precipitation will increase in the western part of the country especially during autumn (http://regclim.met.no). These conditions are possibly favorable for an increase in snow cover during winter and an increase in erosion both during autumn rain and spring snow melt in the area surrounding Trettetjørn. These effects are already evident in western mountains in a study by Klanderud and H. J. B. Birks (2003). High-altitude plants have disappeared from their lower elevation sites and increased in abundance at the highest altitudes on 23 mountains in central Norway that had been surveyed in AD 1930–31 and were subsequently resurveyed in AD 1998. This pattern was less evident in the west and was explained by increased snow-ly duration in the west, and hence a higher probability of acidification, in combination with a higher probability of erosion events. This is also demonstrated in our study where snow cover possibly controlled the pine treeline and in the future might suppress the expected treeline advance, at least for pine. The lake-water pH in Trettetjørn has been sensitive to climatic shifts during Holocene. The future climatic change will possibly also have impact on the lake-water pH such as the expected increase in snow lie duration during spring. The time period of lowest lake-water pH observed today during spring snowmelt will probably expand.
Summary

The lake and catchment history at Trettetjørrn have been reconstructed by using pollen, plant macrofossil, diatoms, and oribatid mites for the last 8500 yr. The different proxies have similarities in the timing of compositional change in response to long-term climatic and catchment changes; but there are also dissimilarities in the timing of significant compositional shifts between proxies showing different sensitivities and thresholds to changes in the system. During the relatively cool and dry early Holocene phase, pioneer plant species in the catchment were characteristic of open vegetation on newly exposed soil. Relatively, high pH occurred in the lake related to the input of base cations from the immature soil. Woodland became established around the lake around 8270 cal yr BP, first with birch and later pine. Maximum $T_{\text{pal}}$ reconstructed from pollen assemblages occurred from 7760 to 5200 cal yr BP, and declined from 5200 cal yr BP towards the present-day. More oceanic conditions are reflected in the vegetation andmite assemblages as $T_{\text{pal}}$ decreased and $P_{\text{ann}}$ increased. During the last 5000 yr dissolution of diatom valves is evident affecting both the diatom diversity and inferred pH until present. During the last 2000 yr human impact increasingly affected the catchment. The construction of the Bergen–Oslo railway during AD 1894–1909 is reflected by a peak in microscopic charcoal and the presence of spheroidal carbonaceous particles, coinciding with a change in the diatom assemblages.

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